

ACCELERATED RESOLUTION THERAPY®

Transform Your Practice with **ART**

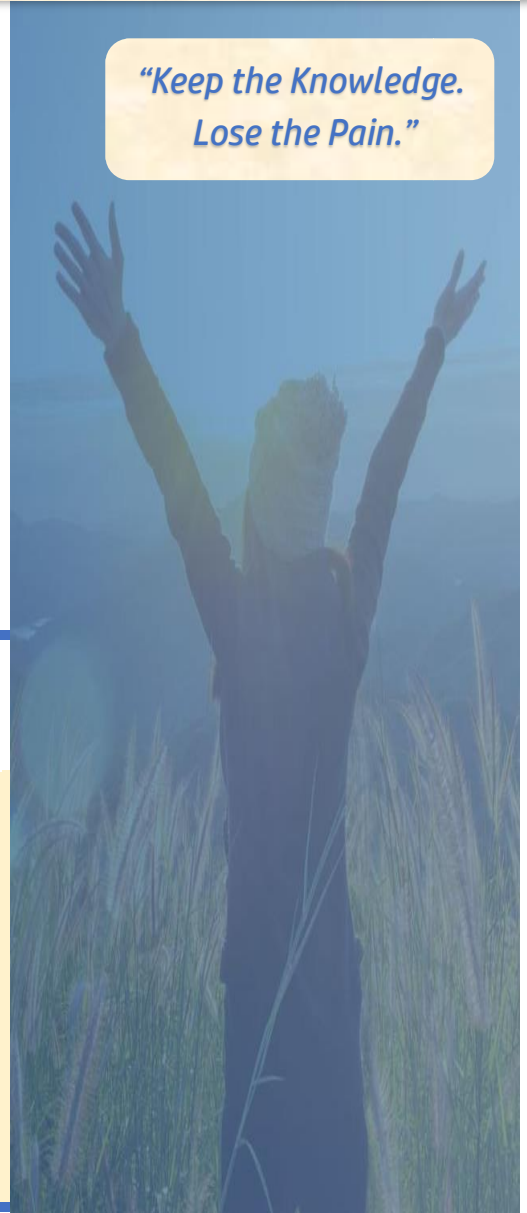
ART Training

Tarrytown, NY – October 18-20, 2019

Marsha Mandel, MA, LMHC, CCTP
Certified Master ART Therapist, Certified Trainer

Springhill Suites by Marriott
480 White Plains Road
Tarrytown, NY 10591

*“Keep the Knowledge.
Lose the Pain.”*



Evidence-based Therapy to Treat Post-traumatic Stress and Symptoms of Trauma

ART is an Evidence-Based Practice which includes elements of existing EBPs including EMDR, Gestalt, Guided Imagery, CBT, and Exposure Therapy, but shown to achieve benefits much more rapidly, typically in 1-5 sessions.

ART uses visualization, somatic focus, and memory reconsolidation to reprogram the way in which distressing memories and images are stored in the brain so that they no longer trigger strong physical and emotional reactions.

ART is process-oriented, requiring little to no sharing of details, minimizing client distress, and reducing vicarious trauma for clinicians.

Proven Effective In Treating

- ▶ Post-Traumatic Stress (PTSD)
- ▶ Depression
- ▶ Grief
- ▶ Phobias
- ▶ Anxiety
- ▶ Addiction

**Earn 21.5
CE credit
hours**

NY Licensed Social Workers,
Mental Health Counselors,
Psychologists, and Nurses

For more information or to register visit: ARTworksNOW.com

The Rosenzweig Center for Rapid Recovery
**ACCELERATED
RESOLUTION**
Therapy

For CE info, please see <https://acceleratedresolutiontherapy.com/types-oftraining-available>